



COVID-19 RISK ASSESSMENT FOR PCRC HAPPY CHRISTMAS HEAD (HCH) COMPETITION – 19 DEC 20

(This document should be read in conjunction with the Operations Risk Assessment for PCRC HCH Competition – 19 Dec 20)

Risk Assessment Matrix

Probability of Accidents	Severity of Outcome		
	Slightly harmful (Low)	Harmful (Medium)	Extremely harmful (High)
Highly unlikely (Low)	Trivial Risk	Tolerable Risk	Moderate Risk
Unlikely (Medium)	Tolerable Risk	Moderate Risk	Substantial Risk
Likely (High)	Moderate Risk	Substantial Risk	Intolerable Risk

Risks and Actions

RISK LEVEL	ACTION AND TIMESCALE
Trivial	Basic COVID-19 controls in place.
Tolerable	No additional controls are required. Consideration may be given to a more effective solution or improvement.
Moderate	Efforts should be made to reduce the risk. Risk reduction measures should be implemented within a defined time period. Where the moderate risk is associated with harmful / serious consequences further assessment may be necessary to establish more precisely the likelihood of harm as a basis for determining the need for improved control measures.
Substantial	The activity should not be started until the risk has been reduced. Considerable resources may have to be allocated to reduce the risk. Where the risk involves activity already in progress, urgent action should be taken.
Intolerable	Activity should not be started or continued until the risk has been reduced. If it is not possible to reduce risk even with unlimited resources, activity has to remain prohibited.

COVID-19 Risks Associated with the PCRC HCH Competition

Ser	Hazard	Risk	Persons at Risk	Probability H / M / L	Severity H / M / L	Risk Level	Planned Action to Control Risk
1	Social distancing on the water	Person(s) becoming infected with COVID-19	Competitors, volunteers, coaches	Low	Medium	Tolerable	<p>Safety Launches:</p> <ul style="list-style-type: none"> All volunteers will be equipped with, and will be using, appropriate PPE. Safety Marshals in safety launches should be from the same social bubble where possible. If this is not possible, social distancing will be adhered to through one person sitting at the front of a launch and one at the back. A plan as to who is marshalling will be agreed upon before the event to minimise the risk. A maximum of 4 people may carry a launch at any time. <p>Competitors:</p> <ul style="list-style-type: none"> Maintain at least 2 boat lengths distance when out on the water. In the event of a capsized athlete will be encouraged to try and get back into their boat, if it is safe to do so, or will be brought into the launch as per normal procedures. Replacement PPE will be provided to the launch crew.

2	Social distancing on land	Person(s) becoming infected with COVID-19	Competitors, volunteers, coaches, spectators.	Low	Medium	Tolerable	<p>All:</p> <ul style="list-style-type: none"> • All reasonable steps to maintain a 2m distance whilst on the land at The Embankment. • Where a 2m distance cannot be observed, a minimum distance of 1m will be observed with mitigations to help manage the transmission risk. • There will be limited access to certain facilities / equipment such as toilets. Toilets will be assigned to each visiting club • A one-way system will be implemented to help facilitate social distancing for people around the site. • Spectators are discouraged from attending the competition. If any do attend, HCH marshals will ask them to remain completely clear of HCH operations (Embankment, riverside path and North Bank adjacent Start and marshalling areas) and maintain national social distancing measures • No persons other than HCH officials will be allowed on either Millennium Bridge or Fitzwilliam Bridge • Volunteers will remind groups of spectators and the public of current social distancing guidelines. Large groups will be reminded and asked to remain a suitable distance apart from other households / social bubbles. <p>Competitors:</p> <ul style="list-style-type: none"> • Information regarding boating location and the specific area competitors will be given for use during the day will have been sent out to competitors before the competition race. This will ensure that competitors are suitably separated when on land, and gives people designated areas to rig their boats and wait for racing to begin. • Specified 'hands on' time and boating times will be given to each competitor, so the movement and number of competitors near the boating area and around the clubs is strictly controlled. • There will be longer gaps between 'hands on' boating times to avoid congestion on the steps, and there will be longer gaps between start times to try and ensure the
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							<p>number of athletes arriving at the steps at the same time is kept to a minimum. Athletes may be held away from the river's edge until the preceding crew has boated.</p> <ul style="list-style-type: none"> • Crews de-boating will be encouraged to move away to their club's designated space as quickly as possible to give space for following crews.

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3	Shared use of facilities	Person(s) becoming infected with COVID-19	Competitors, volunteers, coaches and spectators.	Medium	Medium	Moderate	<ul style="list-style-type: none"> The competition will be run from the Embankment for organisation and all visiting clubs with designated space / facilities for each. The PCRC clubhouse will only be used for PCRC crews, following extant PCRC guidance. Cleaning, handwashing, and hygiene procedures will be available in line with UK Government guidance. Appropriate methods of waste disposal for cleaning products e.g. wipes have been put into place. <p>Boats:</p> <ul style="list-style-type: none"> If clubs are planning on boat sharing between athletes, it is their responsibility to put guidelines in place for this and provide the necessary cleaning equipment. Boats and other shared equipment should be cleaned before and after each use, and other surfaces should be wiped down frequently. Competitors have been advised to travel to the club wearing the kit that they intend to row in, and to travel home to shower and change. <p>Toilets:</p> <ul style="list-style-type: none"> Portable toilets will be available for each visiting club, within their designated operating space. Visiting clubs will be requested not to use the toilets allocated to other clubs. If using the toilets, the user will wipe down any surfaces touched or likely to be touched after use (including inside and outside door handles) with the disinfectant spray and blue roll provided.

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4	Shared use of equipment (launches, club blades, club boats, bow numbers)	Person(s) becoming infected with COVID-19	Competitors, volunteers, coaches.	Low	Medium	Tolerable	<ul style="list-style-type: none"> • There will be a bucket, full of disinfectant, at each designated boating space to which athletes can return their bow numbers • Visiting clubs will use their own trailers / vehicles for boat preparation and parking when not in use • Boat sharing is discouraged but, if essential, boats and equipment should be thoroughly cleaned before the next crew takes over • Wipe boats and other rowing kit with disinfectant at the start and end of each period of use (ie before and after each person uses the equipment). Wear protective gloves when using disinfectant • The launching of safety craft must be carried out by members of the same household. If this is not possible, social distancing will be adhered to with appropriate PPE used.
5	Catering facilities	Person(s) becoming infected with COVID-19	Competitors, volunteers, coaches and spectators	Low	Medium	Tolerable	<ul style="list-style-type: none"> • PCRC will not provide catering facilities • Competitors are encouraged to bring their own food and drink • Members of visiting clubs who require additional food and drink will need to purchase from food outlets in nearby central Peterborough. They will need to follow national and local public guidelines independently whilst shopping.
6	Maintaining hygiene	Person(s) becoming infected with COVID-19	Competitors, volunteers, coaches.	Low	Medium	Tolerable	<ul style="list-style-type: none"> • Everyone visiting the site is encouraged to clean their hands frequently with an alcohol-based hand sanitiser. Sanitiser dispensing points will be available at points around the operating area on the Embankment

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7	First aid	Person(s) becoming infected with COVID-19	Competitors, volunteers, coaches.	Low	Low	Trivial	<ul style="list-style-type: none"> • Visiting clubs will be asked to ensure that at least one of their complement is current in first aid training to limit potential cross-exposure between clubs. • PCRC will have a trained first aider on site for the duration of the competition, accessible via Control. • All safety launches will be equipped with appropriate PPE. This will include face mask, apron, and gloves for those in the launch, and a spare face masks for any crew(s) that might need rescuing. • If the casualty is responsive and able to follow selfcare advice, a first aider will encourage them to do this from a safe distance. • In other situations, for example, when a casualty is unresponsive: <ul style="list-style-type: none"> o Where possible wear gloves when touching or handling the casualty. o Wear a face cover / mask if available and consider placing a face cover / mask over the face of the casualty. o Only handle / touch what is absolutely essential, remembering that all surfaces in and around the casualty may be contaminated by the virus. • First aiders will only provide essential direct first aid in order to limit exposure time. • This may include controlling significant bleeding, applying a dressing, use of an adrenaline autoinjector, assessing for responsiveness by shaking the person and shouting, and positioning of a casualty. After administering first aid, it is essential to: <ul style="list-style-type: none"> o Remove and dispose of any PPE (used PPE should be treated as clinical waste). o Wash hands thoroughly with soap and hot water for at least 20 seconds. o Wash all clothing as soon as practicable. o Be prepared to self-isolate and follow national guidance if COVID-19 symptoms develop after providing direct first aid.

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8	Test and trace	Person(s) becoming infected with COVID-19 and not having the correct details.	Competitors, volunteers, coaches, and general public.	Low	Low	Trivial	<ul style="list-style-type: none"> A log of all visitors to the competition will be created from entries submitted and lead points of contact will be identified in case any person subsequently tests positive for COVID-19. The log will be maintained for 21 days and made available to NHS Test and Trace as required. The log will be destroyed after 21 elapsed days, in accordance with GDPR and NHS Test and Trace. In the case of a person who has visited the competition testing positive for COVID-19 afterwards, it is the affected person's own responsibility to contact their own rowing club to inform any other potential persons affected.
9	Public rights of way	Person(s) becoming infected with COVID-19	Competitors, volunteers, coaches and general public	Low	Low	Trivial	<ul style="list-style-type: none"> The general public are entitled to use the Embankment, riverside path and North Bank (Start and marshalling area) but may become a risk if they stop for a long period of time and watch the event. The operating area on the Embankment will be taped off to prevent the general public from coming into contact with competitors and race officials. Signs will also be put in place to alert the general public of the competition and advise them on safe routing. Members of the public who stop / gather in the operating area will be asked to move on and respect social distancing for competitors, coaches and officials.